



**UPCOMING EVENTS:**

**2013 STATE OF THE NATION ADDRESS  
MAY 24 THRU 26**

**COUNTDOWN TO  
400 YEARS  
JAMESTOWN VIRGINIA  
AUGUST 2013**

**LOCATIONS TO BE  
ANNOUNCED**

**ISRAEL NOWW  
BLOG TALK RADIO SHOW**

**EVERY SUNDAY @  
6:30 PM**

**323-784-3647**

**ONLINE INTERACTIVE  
WEEKLY SABBOTH  
CLASSES  
@12:00 PM**

**TO PARTICIPATE IN OUR  
WEEKLY EVENT VIA  
ONLINE  
PLEASE EMAIL US @**

[nationofyehudah@yahoo.com](mailto:nationofyehudah@yahoo.com)

[israelnow982@yahoo.com](mailto:israelnow982@yahoo.com)

**FOR BOOKING**

**ENGAGEMENT PLEASE**

**CONTACT US BY EMAIL @**

[nationofyehudah@yahoo.com](mailto:nationofyehudah@yahoo.com)

[israelnow982@yahoo.com](mailto:israelnow982@yahoo.com)

**2013 ANNUAL STATE OF THE NATION ADDRESS**

The State of the Nation Address is an annual event sponsored by the Nation of Yehudah, this event is designed to rebuild and restore trust among our nation's spiritual and political leaders. We are attempting to develop a common set of criteria's necessary to identify relevant issues which pertain to our families, neighborhoods, communities and our nation as a whole.

We are working toward a national goal to present a unified understanding and respect toward each other.

By this we will attempt to formulate different options to establish open communication and build a bridge in respect to areas of common ground and community relations.

We will create a system to recognize and appreciate each other through support and

accountability, while taking responsibility for our behaviors and actions.

You are respectfully invited to participate as we lay aside our beliefs, differences, and interpretations as we come together as a nation to implement a positive, professional, spiritual atmosphere, representing to the world the leaders of our kingdom!

For registration:  
[nationofyehudah@yahoo.com](mailto:nationofyehudah@yahoo.com)

**OUR RESPONSIBILITY!**

**Ezekiel 3:17-21**

<sup>17</sup>Son of man, I have made thee a watchman unto the house of Israel: therefore hear the word at my mouth, and give them warning from me.

<sup>18</sup>When I say unto the wicked, Thou shalt surely die; and thou givest him not warning, nor speakest to warn the wicked from his wicked way, to save his life; the same wicked man shall die in his iniquity; but his blood will I require at thine hand.

<sup>19</sup>Yet if thou warn the wicked, and he turn not from his wickedness, nor from his wicked way, he shall die in his iniquity; but thou hast delivered thy soul.

<sup>20</sup>Again, When a righteous man doth turn from his righteousness, and commit iniquity, and I lay a stumbling-block before him, he shall die: because thou hast not given him warning, he shall die in his sin, and his righteousness which he hath done shall not be remembered; but his

blood will I require at thine hand.

<sup>21</sup>Nevertheless if thou warn the righteous man, that the righteous sin not, and he doth not sin, he shall surely live, because he is warned; also thou hast delivered thy soul.

**How can they hear us  
if we can't hear each  
other!**

**Judgment starts with  
Yisrael!!!**

## END TIME HEADLINES

### STRANGE FOAM APPEARING



The foam, or coastal froth, is a result of extreme weather conditions in the country that included a tropical cyclone last week. The froth was formed when powerful waves forced air into the water, according to the Griffith University Centre for Coastal Management and [reported by the Herald Sun](#).

Two traffic officers in Australia narrowly escaped injury this weekend when a car emerged from the sea foam that has blanketed the country's coastal towns.

In a scene captured on video and posted to YouTube, the officers appear standing with pedestrians on a windy,

beachside road as a bus attempts to navigate the foam. Out of nowhere, another part of the foam begins to move and a car emerges with its headlights on.

<http://news.yahoo.com/blogs/abc-blogs/car-emerges-sea-foam-blanketing-australias-coast-161710339-abc-news-topstories.html>

### HOMELAND SECURITY BUYING 7000 RIFLES

The Department of Homeland Security is seeking to acquire 7,000 5.56x45mm NATO "personal defense weapons" (PDW) — also known as "assault weapons" when owned by civilians. The solicitation, originally posted on June 7, 2012, comes to light as the Obama administration is calling for a ban on semi-automatic rifles and high capacity magazines.

Citing a General Service Administration (GSA) [request for proposal \(RFP\)](#), [Steve McGough of RadioViceOnline.com reports](#) that DHS is asking for the 7,000 "select-fire" firearms because they are "suitable for personal defense use in close quarters." The term select-fire means the weapon can be both semi-automatic and automatic. Civilians are prohibited from

obtaining these kinds of weapons.

." Additionally, DHS is asking for 30 round magazines that "have a capacity to hold thirty (30) 5.56x45mm NATO rounds."

<http://www.infowars.com/dhs-buys-7000-full-auto-assault-rifles-calls-them-personal-defense-weapons/>



### UFO SIGHTING ALL OVER THE WORLD

Mothership Enters Atmosphere Over Russia At Night; Mass UFO Sightings Over Cotulla, Texas; UFO In Tycho Crater:

"Late at night this glowing tornado like vortex was seen coming from the sky. The

longarm like end reached almost to the ground and began to get a orange colour near its tip. Then suddenly another UFO was seen in the dark sky...cone shaped that then disappeared except for a white orb

that continued to travel through the sky," says Scott C. Waring.

<http://beforeitsnews.com/beyond-science/2013/01/mothership-enters-atmosphere-over-russia-at-night-frightens-public-2440694.html>

## CHRISTIAN CORNER

Christians of all denominations use the bible; Hebrew Israelites also use the bible as the foundation for their beliefs. The bible has gone through several changes in translations and authors. The King James Bible is the original bible used in mainstream Christianity, exactly who was King James?

**Name:** King James I

**Born:** June 19, 1566 at Edinburgh Castle, Scotland

**Parents:** Mary, Queen of Scots, and Henry Stewart, Lord Darnley

**Relation to Elizabeth II:** 9th great-grandfather

**House of:** Stuart

**Ascended to the throne:** March 24, 1603 aged 36 years

**Crowned:** July 25, 1603 at Westminster Abbey, also as James VI of Scotland at Stirling Castle on July 29, 1567

**Married:** Anne, Daughter of Frederick II of Denmark and Norway

**Children:** Three sons and five daughters, of whom three survived infancy; Henry, Elizabeth and Charles

**Died:** March 27, 1625 at Theobalds Park, Hertfordshire, aged 58 years, 9 months, and 7 days

**Buried at:** Westminster

**Reigned for:** 22 years, and 3 days, King of Scotland for 57 years 1567-1625

**Succeeded by:** his son Charles

### Original King James Bible 1611:*Apocrypha Books*

The Apocrypha is a selection of books which were published in the original 1611 King James Bible. These apocryphal books were positioned between the Old and New Testament (it also contained maps and genealogies). The Apocrypha was a part of the KJV for 274 years until being removed in 1885 A.D. A portion of these books were called deuterocanonical books by some entities, such as the Catholic Church.

Many claim the Apocrypha should never have been included in the first place, raising doubt about its validity and believing it was not God-inspired (for instance, a reference about magic seems inconsistent with the rest of the Bible: Tobit chapter 6, verses 5-8). Others believe it is valid and that it should never have been removed- that it was considered part of the Bible for nearly 2,000 years before it was recently removed a little more than 100 years ago. Some say it was removed because of not finding the books in the original Hebrew manuscripts. Others claim it wasn't removed by the church, but by printers to cut costs in distributing Bibles in the United States. This [YouTube video](#) shares an opinion for the Apocrypha (from 0:50 to 4:25), and [this website](#) shares an opinion against. Both sides tend to cite the same verses that warn against adding or subtracting from the Bible: [Revelation 22:18](#). The word 'Apocrypha' literally means 'hidden.' Fragments of Dead Sea Scrolls dating back to before 70 A.D. contained parts of the Apocrypha books in Hebrew, including Sirach and Tobit [source].

<http://www.kingjamesbibleonline.org/Apocrypha-Books/>

## 4 THE CURSES- DEUTERONOMY 28: 15-68 OUR IDENTITY

THESE SCRIPTURES IDENTIFIED US AS  
THE ORIGINAL HEBREW ISRAELITES  
OF THE BIBLE

<sup>15</sup>But it shall come to pass, if thou wilt not hearken unto the voice of the LORD thy God, to observe to do all His commandments and His statutes which I command thee this day, that all these curses shall come upon thee and overtake thee:

<sup>26</sup>And thy carcass shall be meat unto all fowls of the air and unto the beasts of the earth, and no man shall frighten them away.

(LYNCHINGS)

<sup>28</sup>The LORD shall smite thee with madness, and blindness, and astonishment of heart;

(MENTAL ILLNESS)

<sup>30</sup>Thou shalt betroth a wife, and another man shall lie with her. Thou shalt build a house, and thou shalt not dwell therein. Thou shalt plant a vineyard, and shalt not gather the grapes thereof. (RAPE, SLAVE LABOR)

<sup>32</sup>Thy sons and thy daughters shall be given unto another people, and thine eyes shall look and fail with longing for them all the day long; and there shall be no might in thine hand. (SOLD FOR MERCHANDISE)

<sup>36</sup>The LORD shall bring thee and thy king whom thou shalt set over thee unto a nation which neither thou nor thy fathers have known, and there shalt thou serve other gods, wood and stone. (PEOPLE-PEDIGREES)

SLAVE MASTER'S FORM OF CHRISTIANITY

<sup>37</sup>And thou shalt become an astonishment, a proverb, and a **byword** among all nations whither the LORD shall lead thee. (**nigger**)

<sup>41</sup>Thou shalt beget sons and daughters, but thou shalt not enjoy them, for they shall go into captivity. (SHIPPED AWAY)

<http://www.hebrewisraelites.org/deut28.htm>

<sup>45</sup>Moreover all these curses shall come upon thee, and shall pursue thee and overtake thee till thou be destroyed, because thou hearkened not unto the voice of the LORD thy God, to keep His commandments and His statutes which He commanded thee.

<sup>46</sup>And they shall be upon thee for a sign and for a wonder, and upon thy seed for ever. (STATISTICS)

<sup>47</sup>Because thou served not the LORD thy God with joyfulness and with gladness of heart for the abundance of all things,

<sup>48</sup>therefore shalt thou serve thine enemies whom the LORD shall send against thee, in hunger and in thirst and in nakedness and in want of all things; and He shall put a yoke of iron upon thy neck until He have destroyed thee. (TA-SLAVE TRADE)

<sup>49</sup>The LORD shall bring a nation against thee from far, from the end of the earth, as swift as the eagle flieth, a nation whose tongue thou shalt not understand, (AMERICA)

<sup>54</sup>so that the man that is tender among you and very delicate, his eye shall be evil toward his brother, and toward the wife of his bosom, and toward the remnant of his children whom he shall leave, (BROKEN HOMES)

<sup>56</sup>The tender and delicate woman among you, who would not venture to set the sole of her foot upon the ground for delicateness and tenderness, her eye shall be evil toward the husband of her bosom, and toward her son and toward her daughter, (THE ANGRY BLACK WOMAN)

<sup>57</sup>and toward her young one who cometh out from between her feet, and toward her children whom she shall bear; for she shall eat them secretly for want of all things in the siege and extremity wherewith thine enemy shall distress thee in thy gates.

## THE CURSES- DEUTERONOMY 28: 15-68 continued.....

### THESE SCRIPTURES IDENTIFIED US AS THE ORIGINAL HEBREW ISRAELITES OF THE BIBLE

<sup>64</sup>And the LORD shall scatter thee among all people, from the one end of the earth even unto the other; and there thou shalt serve other gods, which neither thou nor thy fathers have known, even wood and stone.

#### (SLAVE MASTERS FORM OF CHRISTIANITY )

<sup>65</sup>And among these nations shalt thou find no ease, neither shall the sole of thy foot have rest; but the LORD shall give thee there a trembling heart and failing of eyes and sorrow of mind.

#### (RACIAL PROFILING)

<sup>66</sup>And thy life shall hang in doubt before thee; and thou shalt fear day and night, and shalt have no assurance of thy life.

#### (NO JUSTICE)

<sup>67</sup>In the morning thou shalt say, `Would God it were evening!' and at evening thou shalt say, `Would God it were morning!' for the fear of thine heart wherewith thou shalt fear and for the sight of thine eyes which thou shalt see.

#### (DAYS ARE LONG AND HARD)

<sup>68</sup>And the LORD shall bring thee into Egypt again with ships by the way whereof I spoke unto thee, `Thou shalt see it no more again.' And there ye shall be sold unto your enemies for bondmen and bondwomen, and no man shall buy you."

#### (THE TRANSATLANTIC SLAVE TRADE)



*"I will say then that I am not, nor ever have been, in favor of bringing about in any way the social and political equality of the white and black races; I am not nor ever have been in favor of making voters or jurors of Negroes, nor of qualifying them to hold office, nor to intermarry with white people...*

*I will say in addition to this that there is a physical difference between the white and black races which I believe will forever forbid the two races living together on terms of social and political equality. And inasmuch as they cannot so live, while they do remain together there must be the position of superior and inferior, and I, as much as any other man, am in favor of having the superior position assigned to the white race." --*

#### **Abraham Lincoln**

[http://condor.depaul.edu/tps/Abraham\\_Lincoln\\_an\\_Abolitionist\\_Lincoln\\_Quotes\\_on\\_Slavery.htm](http://condor.depaul.edu/tps/Abraham_Lincoln_an_Abolitionist_Lincoln_Quotes_on_Slavery.htm)

#### **Joel 3:1**

For, behold, in those days, and in that time, when I shall bring again the captivity of Judah and Jerusalem,

#### **Joel 3:2**

I will also gather all nations, and will bring them down into the valley of Jehoshaphat, and will plead with them there for my people and *for* my heritage Israel, whom they have scattered among the nations, and parted my land.

#### **Joel 3:3**

And they have cast lots for my people; and have given a boy for an harlot, and sold a girl for wine, that they might drink.

#### **Jeremiah 23:3**

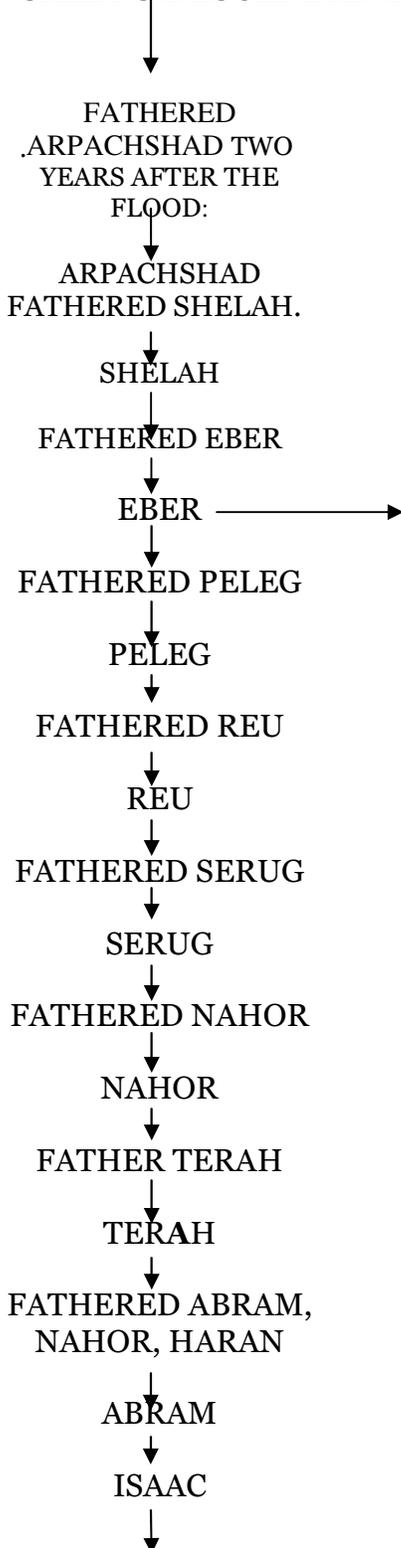
And I will gather the remnant of my flock out of all countries whither I have driven them, and will bring them again to their folds; and they shall be fruitful and increase.

<http://www.hebrewisraelites.org/deut28.htm>

THE TABLE OF NATIONS IS LOCATED IN THE BOOK OF GENESIS CHAPTER 10:

NOAH-3 SONS

**SHEM'S DESCENDANTS:**



**HAM'S DESCENDANTS**

↓

THE OTHER DARK RACES:

**GENESIS 10:6**

The sons of Ham: Cush, Egypt,  
Put, and Canaan.

**JAPETH'S  
DESCENDANTS**

↓

WHITE RACES

**GENESIS 10: 2**

<sup>2</sup>The sons of Japheth:  
Gomer, Magog, Madai,  
Javan, Tubal, Meshech,  
and Tiras.

**HOW DID ABRAM'S DECENDANTS BECOME KNOWN  
AS HEBREWS?**

Hebrew means any descendant of (Eber), the great great grandson of Noah and ancestor of Abraham. The name 'Hebrew' rested on Abraham, whose name comes from that of his Great-Granddaddy Eber. We were told that we were Africans, **NOT SO!**

Deuteronomy 32:7 "Remember the days of old, consider the years of many generations: ask thy father, and he will shew thee; thy elders, and they will tell thee."

**ZONDERVAN BIBLE DICTIONARY:**

"Ham, the youngest son of Noah, born probably about 96 years before the Flood and one of eight persons to live through the flood. He became the progenitor of the dark races-**not the Negroes**, but the Egyptians, Ethiopians, Libyans and Canaanites."

<http://ebookbrowse.com/zondervans-compact-bible-dictionary-id544-pdf-d380073764>

**GENESIS 15: 13-14(400 YEARS OF AFFLICTION)**

<sup>13</sup> And he said unto Abram, Know of a surety that **thy seed** shall be a **stranger in a land that is not theirs**, and **shall serve them**; and **they shall afflict them four hundred years**;

<sup>14</sup> And also **that nation, whom they shall serve, will I judge**: and **afterward shall they come out with great substance**.

# THE HEBREW ISRAELITES

ISAAC FATHERED



JACOB



JACOB'S NAME  
CHANGED TO  
ISRAEL



JACOB FATHERED  
12 SONS  
EACH SON IS A  
TRIBE

WHICH MAKE UP  
THE 12 TRIBES OF  
ISRAEL

## HOW DID JACOBS DESCENDANT BECOME KNOWN AS HEBREW ISRAELITES

### GENESIS 35:9

<sup>9</sup> God appeared<sup>[c]</sup> to Jacob again, when he came from Paddan-aram, and blessed him.<sup>10</sup> And God said to him, “Your name is Jacob; no longer shall your name be called Jacob, but Israel shall be your name.” So he called his name Israel.<sup>11</sup> And God said to him, “I am God Almighty:<sup>[d]</sup> be fruitful and multiply.

WE ARE HEBREWS THROUGH ABRAHAM'S GREAT GRANDFATHER EBER – WE ARE ISRAELITES THROUGH JACOB WHOSE NAME WAS CHANGED TO ISRAEL.

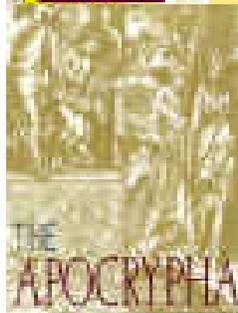
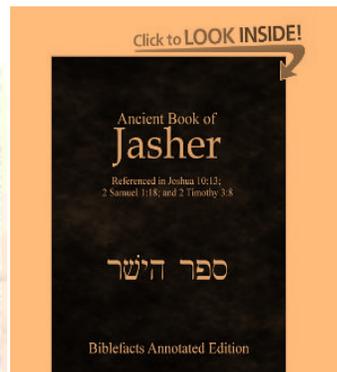
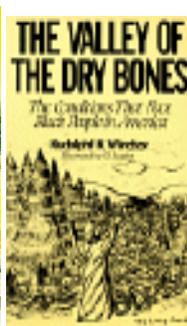
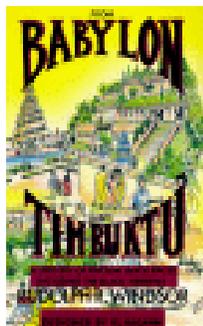
PAUL GIVES HIS LINEAGE ALONG WITH OUR ANCESTORS: **2 CORINTHIAN 11:22**

<sup>22</sup> Are they Hebrews? So am I. Are they Israelites? So am I. Are they the seed of Abraham? So am I.

<http://www.shmayisrael.com/Truth/TheTrueHouseofIsrael.html>

<http://www.hebrewisraelites.org/nationality.htm>

## OUR BOOK CORNER:



## THE NAME GAME - THE LETTER J DID NOT EXIST!

**Acts 4:12** NEITHER IS THERE SALVATION IN ANY OTHER: FOR THERE IS NONE OTHER NAME UNDER HEAVEN GIVEN AMONG MEN, WHEREBY WE MUST BE SAVED.

THIS IS THE FOUNDATION OF ALL CHRISTIANITY TODAY.

HOW DO WE VALIDATE WHAT NAME THEY USED AND WHAT LANGUAGE DID HAMACHYACH (CHRIST) USE?

What NAME did the Messiah speak?

The **Greek** name, Ie-sous (**Jesus**) or could He have spoken a different Name?

The ANSWER is in the WORD...

**Acts, 26: 14-15 (ISR)**, "And when we had all fallen to the ground, I heard a voice speaking to me, and saying, in the Hebrew language, "Shaul, Shaul, why do you persecute Me? It is hard for you to kick against the prods." And I said, "Who are you, Master?"

And **He said**, "I am Yahushua, whom you persecute."

**Acts, 26:14-15, (K.J.V)** And when we were all fallen to the earth, I heard a voice speaking unto me, and saying in the Hebrew tongue, *Saul, Saul, why persecutest thou me? it is hard for thee to kick against the pricks. And I said, Who art thou, Lord? And he said, I am Jesus (Greek#2424 Iesous, ee-ay-sooce')* whom thou persecutest."

Notice...the language the Messiah spoke and Paul (Shaul) heard was in the Set Apart Tongue, the Hebrew Language. The **Messiah spoke His Name in Hebrew NOT Greek**. The Name Yahushua tells us who saves: Yah Saves. (Psalm 68:4)

There is **NO** letter "**J**" in the Hebrew, Arabic, Greek and Latin language! The Name above all Names could Not begin with the letter "J" as this letter did not exist some 2,000 years ago. The letter "J" is only 500 years old.

(Yohannan) **John 5:43**, "I am come in my Father's name, and ye receive me not: if another shall come in his own name, him ye will receive."

<http://theletterj.followersofyah.com/>

# WHAT'S IN A NAME?

## HOW TO PRONOUNCE HIS HEBREW NAME

BAHASHAM



**Proverb 30:4** Who hath ascended up into heaven, or descended? who hath gathered the wind in his fists? who hath bound the waters in a garment? who hath established all the ends of the earth? what [is] his name, and what [is] his son's name, if thou canst tell?

We will all call him by his Hebrew name, not any other name translated to another name in Greek!

**Zephaniah 3:9** For then will I turn to the people a pure language, that they may all call upon the name of the LORD, to serve him with one consent.

The Most High only has one name to be called after.

**Zachariah 14:9** And the LORD shall be king over all the earth: in that day shall there be one LORD, and his name one.

**Acts 4:12** Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.

YAHAWAH BAHASHAM  
YAHAWASHI.



## JESUS WAS NOT HIS NAME!!!

Hebrew 7:14

<sup>14</sup> For it is evident that our Lord sprang out of Juda; of which tribe Moses spake nothing concerning priesthood.

Yahawashi was a Hebrew man born from a Hebrew mother, she would not have given him a Greek name!

The name of Jesus is a 400 year old name approximately, because the English language never had the letter "J" till then.

In the 1611 KJ New Testament the name Yahshua (Yehoshua) appeared originally wherever the Messiah was spoken of. Yehoshua means Yehovah's Salvation.

Later the Messiah's name was replaced with Iesus (Greek) which later in the 1600's it became Jesus starting with the new English letter "J" which was introduced at that time. Further, the Greek "Iesus" comes from the name Zeus, the ruling God in the Greek pantheon."

"Jesus' is a transliteration of a Latin name Ioesus, pronounced heysus - which means nothing in Hebrew, but in Latin it means 'Hail Zeus'.

## HE GIVES SPECIFIC INSTRUCTIONS ON FOOD- EZEKIEL'S BREAD

**Ezekiel 4:9** - Take thou also unto thee wheat, and barley, and beans, and lentiles, and millet, and fitches, and put them in one vessel, and make thee bread thereof, [according] to the number of the days that thou shalt lie upon thy side, three hundred and ninety days shalt thou eat thereof

This is the recipe of Ezekiel's Bread, which is said to be good for your digestive system.

Sprouted wheat

- \* Filtered water
- \* Sprouted barley
- \* Sprouted millet
- \* Malted barley
- \* Sprouted lentils
- \* Sprouted soybeans
- \* Sprouted spelt
- \* Fresh yeast
- \* Wheat gluten

\* Sea salt

Example Ingredients:

Ezekiel Bread Ingredients

- \* Active dry yeast - 2 packages (.25 ounce)
- \* Barley - 1/2 cup
- \* Dry green lentils - 1/4 cup
- \* Dry great Northern beans - 2 tablespoons
- \* Dry kidney beans - 2 tablespoons
- \* Dried Pinto beans - 2 tablespoons
- \* Millet - 1/2 cup
- \* Honey - 1 cup
- \* Olive oil - 1/2 cup
- \* Warm water - 4 cups
- \* Spelt flour - 1 1/2 cups
- \* Wheat berries - 2 1/2 cups
- \* Salt - 2 tablespoons

"It is said that the combination of all the Ezekiel bread ingredients provides proteins that are present in milk and eggs. It is observed that the proteins obtained from the plant sources contain almost the double

amount of vitamins, minerals and other nutrients, than obtained from the protein from meat and other animal products".

We have never tried this recipe nor do we promote this recipe.

Please be advised to attempt this recipe at your own risk and we at the Nation of Yehudah has no liability toward the outcome.

<http://mrssurvival.com/forums/index.php?showtopic=42070>

## DAMNATION FOR EATING SWINE FLESH

### LEVITICUS 11: 7,8

<sup>7</sup>And the swine, though he divide the hoof, and be clovenfooted, yet he cheweth not the cud; he is unclean to you.

<sup>8</sup>Of their flesh shall ye not eat, and their carcase shall ye not touch; they are unclean to you.

### ISAIAH 66: 15-17

<sup>15</sup>For, behold, the LORD will come with fire, and with his chariots like a whirlwind, to render his anger with fury, and his rebuke with flames of fire.

<sup>16</sup>For by fire and by his sword will the LORD plead with all flesh: and the slain of the LORD shall be many.

<sup>17</sup>They that sanctify themselves, and purify themselves in the gardens behind one tree in the midst, eating swine's flesh, and the abomination, and the mouse, shall be consumed together, saith the LORD.

Read Leviticus chapter 11 it deals with all the meats that are clean and unclean.

This is an end time prophecy and it pertains to those who refuse to follow the dietary laws.

# THE HEBREW ISRAELITE CORNER

## HERBS AND HOLISTIC MEDICINE- HERBS THEIR LEAVES FOR MEDICINE

**EZEKIEL 47:12**-And by the river upon the bank thereof, on this side and on that side, shall grow all trees for meat, whose leaf shall not fade, neither shall the fruit thereof be consumed: it shall bring forth new fruit according to his months, because their waters they issued out of the sanctuary: and the fruit thereof shall be for meat, and the leaf thereof for medicine.

### Our Disclaimer:

We at the Nation of Yehudah and our staff provide this information contained in our newsletter to educate our people concerning the historical uses of herbs, vitamins and proper nutrition. No claim is made for any cure for any disease, ailment or condition by the Nation of Yehudah nor any staff

member thereof. We do not claim to be a medical doctor, licensed independent practitioner, nor do we dispense medical advice directly or indirectly. We do not prescribe or diagnose anything and we are not liable for any claims made. If you use the information contained herein, you are prescribing for yourself, which is your constitutional right and we assume no responsibility. If you should have a serious or life threatening health condition, please consult a competent medical doctor.

Holistic Medicine along with a healthy lifestyle change has been known to promote a positive healthy life.

**Diabetes**- Chromium GTF 300 micrograms- liquid Cayenne- avoid white flour- 1 teaspoon of

cod liver oil avoid microwave foods  
**High Blood pressure** – citrate magnesium 600 milligrams- eat plenty of garlic, onions, no margarine, avoid hydrogenated oils cook with pure butter.

**Liquid Cayenne** -Supports circulation and healthy blood pressure, helps maintain normal circulation, natural anti-inflammatory, helps soothe a sore throat, improves sluggish digestion, and helps improve blood flow, aids in pain management.

**Valerian Root** is a perennial herb that is commonly used in supplements. Although the herb is primarily used for sleeping problems it is also allegedly helps treat insomnia, anxiety, depression, seizures, attention deficit hyperactivity disorder, chronic fatigue, menopause symptoms.

<http://sleep.emedtv.com/valerian-root/valerian-root-benefits.html>

## OTHER HERBS FOR MEDICINAL USES

### Burdock root

Burdock root is a blood purifier it has several nutrients like iron and oils that boost the immune system, it also has potent antifungal and antimicrobial properties.

**Burdock root** has been known to get rid of kidney stones and gallstones, and accelerates the detox process. It promotes perspiration ridding the body of toxins by detoxifying and improving blood circulation.

It has ample amounts of vitamin C which promote healthy skin.

### L-Arginine

Based on hundreds of studies, L-arginine, an essential amino acid and one of the building blocks of proteins in the body, has become known as a safe and effective pro-sexual nutrient for men and women.

**L-Arginine** is a precursor of nitric oxide (NO) in the human body, L-Arginine has been shown to improve blood flow to the genital area by dilating blood vessels and helping the penis to enlarge to its full capacity, thus increasing the size, hardness, and frequency of erections. For women higher blood flow makes clitoral and vaginal tissues more sensitive

and responsive to sexual stimulation and helps increase the possibility of reaching orgasm. Both men and women report that **L-Arginine** seems to increase their libido or desire for sex, and some also report that **L-Arginine** gives them greater endurance and stronger, more powerful orgasms. Reports also suggest that **L-Arginine** supplements can improve fertility in men who have low sperm counts or poor sperm motility (activity).

<http://www.smart-publications.com/articles/l-arginine-the-prosexual-nutrient-with-numerous-health-benefits>

## OUR DISCLAIMER

**NATION OF YEHUDAH  
&  
ISRAEL NOWW**

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**ONLINE MEDIA CONNECTION  
FACEBOOK  
TWITTER  
MOBILE VOTING-(NON ACTIVE)  
WEBSITE-  
(UNDER CONSTRUCTION)**

We at the Nation of Yehudah and the editorial staff of the Seventh Seal would like to affirm that the different views and opinions expressed in this newsletter does not reflect the opinions, beliefs and or position of all of those associated with the Nation of Yehudah& Israel Noww.

We are providing a media outreach source within our nation and extending an

invitation to those organizations to place their articles with us. We are providing the Hebrew Israelite community the opportunity to view the opinions, plans and political movements worldwide. However, we will maintain a level of transparency to deter aggression, promote the rule of Torah law, combat crime and corruption

and strengthen our Nation's overall goals. And we affirm that we are the displaced people of the Diaspora, the original Hebrew Israelites of Israel.

THAWADAH( Thank You)

## About Our Organization...

Our organization is committed to restoring the ethnic and cultural identity to the Nation of Yehudah and all of Yisrael.

We are dedicated to the education of our ethnic cultural heritage we find in the biblical scriptures and what our overall spiritual and political purpose is in the kingdom.

Our organization will focus on prophecy as it relates to past, present and future events that pertain to

Yisrael.

We are committed to the study of church history and other topics as they relate to our ethnic historical and spiritual reference

**THE BIBLE!**

We are commissioned to communicate all of this information to the church and the Hebrew Israelite people. We understand the importance of our national interest and

strategic partnership as a cohesive base related to both regional and global issues.

We hope that you will research this information as it is vital to our survival.

Shalom!

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